## **EMERGENCIES**

For situations of severe psychological distress in students (for example, acute anxiety attacks, persecutory thoughts, feelings of hopelessness, aggressive behavior, etc.) that require immediate intervention, we suggest getting in contact with the services of the Region Abruzzo - Local Health Unit 1 Avezzano – Sulmona L'Aquila:

## Mental Health Center (Centro di Salute Mentale, CSM)

Address: San Marciano 8, L'Aquila Number phone: 0862 368810

Opening hours:

Monday – Friday: 8 am - 4 pm

Saturday: 8 am - 2 pm

E-mail: csmaq@asl1abruzzo.it

For substance use-related problems:

# **Substance Addiction Service (Servizio per le Dipendenze, SerD)**

Address: Gaetano Bellisari 4, L'Aquila

Number phone: 0862 368873 /0862 368862/ 0862 368926/ 0862 368936

Opening hours:

Monday, Tuesday, Wednesday, Thursday, Friday: 8 am - 1 pm

Monday and Wednesday: 3 pm - 6 pm

Saturdays and Holidays: Closed

For acute physical and mental problems on holidays and at night:

### First Aid Station (Guardia Medica)

**Building Ex-ONPI** 

Address: via Capo Croce 1 (Torrione), L'Aquila

Number Phone: 0862-366025

Opening hours:

Weekdays and holidays: 8 pm - 8 am

Saturdays and days before holidays: 10 am – 8 pm

Sundays and public holidays: 8 am – 8 pm

For people who do not live in L'Aquila consult the page of Emergency Medical Services in the territory: <a href="https://www.asl1abruzzo.it/pagina37">https://www.asl1abruzzo.it/pagina37</a> <a href="guardia-medica.html">guardia-medica.html</a>

In such emergencies as severe risk behavior or suicidal thoughts, you can

#### **CALL THE TOLL-FREE PHONE NUMBER 118**

The "118" is the reference telephone number for all cases of requests for medical assistance to people who are victims of illness or accidents of any kind.

Alternatively, reach the

HOSPITAL SAN SALVATORE OF L'AQUILA - EMERGENCY DEPARTMENT (PRONTO SOCCORSO)

Via Lorenzo Natali, 1, 67100 Coppito AQ