UNIVERSITY OF L'AQUILA

Department of Health, Life and Environmental Sciences

Profile of

1ˢᵗ Cycle Degree in NURSING

Laurea in

INFERMIERISTICA

Laurea in OSTETRICIA
(*First Cycle Degree in OBSTETRICS*)

TYPE OF DEGREE & LENGTH	Single Degree (180 ECTS-credits), 3 years
INSTITUTION(S)	Università degli Studi dell'Aquila - *University of L'Aquila,* ITALY
ACCREDITATION ORGANISATION(S)	Italian Ministry of Education and Research Register of "Federazione Nazionale Collegi IPASVI" - Italian Colleges Federation of Nurses, Health Visitors and Pediatric Nurses, www.ipasvi.it
PERIOD OF REFERENCE	Programme validated for 3 years for cohorts starting in October 2012
CYCLE /LEVEL	QF for EHEA: First Cycle; EQF level: 6; NQF for Italy: Laurea

A	PURPOSE
	The Bachelor in Nursing is a nationally recognised high quality nursing programme. Our graduates are welcomed by employers across Italy and abroad. The three-year integrated programme provides both the clinical expertise and theoretical knowledge required to work as a registered nurse and includes science and social science issues related to health, integrated into nursing knowledge. Clinical learning takes place in many different areas including surgical, emergency, medical, mental health and primary care services and our students are supported throughout their clinical experience by experienced registered nurses employed as clinical teachers. Nurses are registered health care professionals who combine the fine art of caring with scientific skills and knowledge and care for the sick and infirm, families and communities, are educators of people on the issues of healthy living and wellness and perform treatments and procedures as prescribed by physicians and nurse practitioners. The degree enables them to be enrolled in the National Register "Albo degli Infermieri" established at national level by D*L n.1049, 29/10/1954.*

B	CHARACTERISTICS	
1	DISCIPLINE(S) / SUBJECT AREA(S)	Strong theoretical basis on Nursing, Bionmedical, Medical/Surgical/Clinical Sciences, Human Sciences, Nursing Practice, Other (20:13:12:6:30:19)
2	GENERAL / SPECIALIST FOCUS	General Nursing in preventive, curative, palliative, rehabilitation areas as well as application to patients, families and communities by means technical, relational and educational skills.
3	ORIENTATION	It is an academic degree with a professional orientation applied to evidence-based theory and practice of Nurse professional profile, with a strong according to International and National Directives
4	DISTINCTIVE FEATURES	This degree has a strong component of interdisciplinary learning with other Health Care professionals and is developed in a stimulating research environment. Students have a 6-months placement in health departments in Italy and/or abroad. Furthermore students can cooperate directly with Master and PhD students in the same field of study .

C	EMPLOYABILITY & FURTHER EDUCATION	
1	EMPLOYABILITY	Upon successful completion of the Programme, graduates are eligible to work as Nurses (and join the IPASVI) who have fulfilled the requirements of European Directive ("Professional Qualifications Directive" 2005/36/EC) on the Recognition of Professional Qualifications.

		Graduates in Nurcsing carry out their professional activities in health care facilities, public or private, either as employees or freelance work.
2	FURTHER STUDIES	The Bachelor Degree in NURSING normally gives direct access to the corresponding Second Cycle degree programme. It also gives access to some other Second Cycle degree programmes in Health care professionals with further specialization, as well as in leadership and management specialization (in which case extra work may be necessary for admission) and 1-year professionalizing courses.
D	EDUCATION STYLE	
1	LEARNING & TEACHING APPROACHES	Lectures, group-work, individual study and autonomous learning, interprofessional learning, self directed study, work placement.
2	ASSESSMENT METHODS	Assessment is normally made by means of an oral or written examination. The final exam consists in the preparation and dissertation of a written text and in a practical exam aimed at demonstrating that the candidate has acquired the essential professional skills and competences related to the professional profile. Degree holders obtain the credentials for the enrollment on the National Register of Nurses.
E	PROGRAMME COMPETENCES	
1	GENERIC	

The degree programme meets the competences and quality assurance procedures required by *Italian Register of Nurses* (www.ipasvi.it), by the National Higher Education Quality Assurance Agency (AVA) requirements for degree courses at first level. This includes the Generic Competences expected for the first cycle graduated, as follows:
— **Knowledge, Analysis and synthesis:** Knowledge and understanding of the subject area, understanding of the profession and ability to be critical and self-critical; capacity to support professional nursing practice decisions with concepts and theories from the biological, physical and social sciences
— **Flexible mind:** Ability to make reasoned decisions and to interact with others in a constructive manner, even when dealing with difficult issues; ability to apply nursing process and critical thinking when providing holistic, patient centered nursing care to diverse populations;
— **Leadership, Management and Team-working:** Ability to work in a team and to interact constructively with others regardless of background and culture and respecting diversity; demonstrate leadership with providing safe, quality nursing care; coordinating the healthcare team; and when tasked with oversight and accountability for care delivery.
— **Communication skills:** Ability to develop an effective communication style to interact with patients, families, and the interdisciplinary health team
 — **Field culture:** Ability to apply knowledge in practical situations and to act on the basis of ethical reasoning
— **Learning ability:** Capacity to learn and stay up-to-date with learning
— **Problem solving**: Ability to identify, pose and resolve problems
— **Other skills:** Ability to plan and manage time and to evaluate and maintain the quality of work produced

| 2 | SUBJECT SPECIFIC | |

The Programme meets all the Specific Competences as established and agreed in collaboration with the field stakeholders, clustered within the key overarching competences summarized below:
Knowledge of :
-key areas of nursing theory and practice, including scientific knowledge, experience-based knowledge and knowledge of the human body and diseases;
- nursing theory and methods and the ability to apply this knowledge in professional practice;
-healthcare and medical sciences, science, social science and humanities with a view to incorporating relevant knowledge into professional practice;
- scientific theories and methods, including literature and information searches, documentation and quality development and the ability to understand methodological aspects with a view to incorporating them appropriately into professional practice;
- legal provisions and ethics applicable to nursing practice and the ability to act accordingly.
Comprehension/understanding:

	- ability to identify and analyse assistance issues using relevant theory, methodology and practical experience and contribute constructively to resolving the issues; - ability to independently combine nursing skills with understanding of the different areas of nursing practice; *Analysis*: - Ability to analyse, assess and evaluate problems with patients, families and communities health; *Application*: - Ability to plan, carry out and assess the effect of coherent and adequate nursing care; - Ability to identify realistic goals for nursing care in collaboration with the patient and in accordance with the patient's life, prerequisites, development potential, wishes and expectations; - capacity to perform and exhibit professional behavior in all activities; *Synthesis*: - Capacity to provide reasons for, analyse, interpret and document the chosen actions and solutions on the basis of reasoning, decision-making, documentation and evaluation processes; *Creativity:* - Ability to plan and adapt instruction, guidance and advice as regards problems with patients, families and communities health; *Evaluation:* - Ability to assess the patient's need for aids and modified status and procedures on the basis of this academic assessment; - ability to evaluate goal setting treatment planning and discharge planning. *Problem managing:* - ability to coordinate, administer and manage specific nursing services and general healthcare services offered to patients with a focus on health promotion, prevention, care, rehabilitation and palliation; - ability to assume leadership roles within the scope of professional practice; *Communication:* - ability to communicate both verbally and in writing with patients, relatives, colleagues and other professional groups in multidisciplinary and multiprofessional collaboration.
F	COMPLETE LIST OF PROGRAMME LEARNING OUTCOMES
	A newly graduated Bachelor of Nursing should be able to: -Integrate knowledge from nursing, arts, humanities and other sciences and disciplines to make judgments relative to the practice of nursing that is based on research findings and evidence. - Integrate knowledge, skills and values from the liberal arts, sciences, humanities and nursing theories to provide holistic, competent and safe care; and to serve as advocates for individuals, families, communities within a multicultural society; and to promote social justice -Apply concepts and skills of leadership, management, quality improvement and patient safety in the delivery of high-quality therapeutic nursing interventions for individuals, families, groups, communities and populations. -Accurately assess, diagnose, plan, intervene and evaluate evidence-based, ethical nursing practice, in caring for individuals, families, communities and populations from diverse backgrounds, across the life-span and in continuum of health care environments; -integrate and apply knowledge related to wellness, health promotion, acute and chronic illnesses, disease management, end-of-life care management; incorporate current and future psychomotor and technical skills into other nursing responsibilities and apply them in diverse context of health care delivery; and conduct self in a professional manner. -Demonstrate global awareness of political, regulatory, financial, social, cultural and environmental issues and policies that influence healthcare health policies and the advancement of the nursing profession. - Use critical thinking to provide holistic nursing care across the lifespan in a variety of complex healthcare settings utilizing the nursing process to promote health, prevent diseases and maintain well-being for individuals, families, groups, communities and populations. -Accept responsibility and accountability for professional nursing practice including the inherent values of ethics, altruism, autonomy, human dignity, integrity and social justice. -Use effective organizational and systems leadership skills, quality improvement skills, patient and safety measures and communication skills with all members of the health care team to improve patient care outcomes -Use information management and patient care technology to support nursing and delivery of patient centered care. -Articulate the broader context of health care delivery, including how patient care services are organized, financed and how reimbursement is structured; how regulatory agencies determine the scope of nursing practice; how health policies are developed and changed; how that process can be influenced through efforts of nurses, other health professionals and advocacy groups; and the advocacy role of the nurse for the vulnerable populations with the goal of promoting social justice. -Develop collaborative relationships with other members of the healthcare team by working dependently, independently and interdependently to deliver evidence-based patient-centered care to individuals, families, and communities. -Provide health promotion, disease and injury prevention across the life span, including helping individuals, families, groups ,

communities, and populations to prepare for and minimize adverse health-related consequences of emergencies, and mass casualty disasters.
- define his/her own professional scope of action;
- critically assess his/her own nursing practice in general;
- adapt to new situations and be innovative when solving problems and making decisions, whether individually or in collaboration with patients or business partners;
- coordinate, administer and manage specific nursing services and general healthcare services offered to patients with a focus on health promotion, prevention, rehabilitation and physical activity;
- further develop his/her own knowledge, skills and competences as part of life-long learning, including identifying his/ her own learning requirements and assessing the learning outcome;
- continue theoretical and further education at a Master's or PhD degree level upon completion of the Bachelor's degree as well as participate in professional specialisation within a narrow professional field.

Comprehensive Scheme of the First Cycle Degree in NURSING

YEAR	CODE	COURSE	Credits (ECTS)	Semester
I	D3798	Human Anatomy and Histology	5	1
	D0002	Genetics and Biochemistry	6	1
	D1324	Nursing Process Methodology	8	1
	D3801	Physiology, General Pathology and Clinical Microbiology	8	2
	D4113	Clinical Nursing Methodology and Pharmacology	10	2
	D3638	*Work Placement I*	16	1 and 2
II	D4114	Care and Treatment in General and Specialist Medicine	8	1
	D4116	Care and Treatment in General and Specialist Surgery	8	1
	D4118	Hygiene, Safety and Professional Organization	10	2
	D3804	Care And Treatment of the frail and disabled Patient	9	2
	D3640	*Work Placement II*	20	1 and 2
III	D0134	Care and Treatment in Maternal and Child Area	6	1
	D0144	Nursing in Maternal and Child Area and Developmental Psychology	6	1
	D0160	Care and Treatment in Intensive Care Units	9	2
	D4120	Research Methodology	3	2
	D3642	*Work Placement III*	24	1 and 2
		Free choice Courses / Activities	18	1,2
		Thesis	6	2